



This Week's L&P

Programme

Tuesday 6th March

3:00-4:30pm

Director-Led L&P

Lead: Directors

4:30-4:45pm

BRIEFING

Deep Announcements

Lead: Principal

STRETCH AND CHALLENGE

Grow Resilience

1. Never bribe students with easiness

“It doesn't help a child to tackle a difficult task if they succeed constantly on an easy one”.

Carol Dweck

- Bolster students' self-belief: “I think too much of your ability to let you do...”
- Use praise points, to reward students for taking risks
- Develop friendly competition with other classes/ year groups: “We're going to do this so that we can be the best...”

2. Verbal Resilience

- Don't allow students to answer questions in 1 word. They should answer in at least sentences, and ideally paragraphs.
- Increase the 'wait time' in questions to 5+ seconds, or use the register as a good time to set a question. Allow students to consult before answering and use the collaborative structures.
- Ask students to expand on each other's answers: “Chelsea, what do you think of Lucy's idea?”

3. Encourage Resilience

- Discourage lazy thinking in students. Rely on ‘What do you think?’ to keep them thinking, and never take ‘no’ for an answer.
- Ask questions for which there is no right answer. Reward answers by justification, rather than ‘rightness’.

4. Check Your Dweck

Fixed Mindset	Growth Mindset
Intelligence is fixed: I must look clever	Intelligence is expandable: I want to learn more
Emphasis on ability & competition	Emphasis on achievement & growth
Avoids challenges	Embraces challenges
Learning is finite: I can...	Learning is a continuum: I am learning to...
Likely to plateau early	Reaches higher levels of achievement



3B4T

Before you ask your teacher, try these three first!

1. BRAIN What might you have missed when thinking about it before?

2. BROWSE Could you use a computer to search for an answer?

3. BUDDY Quietly ask a friend for their help!

4. TEACHER